

Patient Name: _____

Date of birth: _____

Date today: _____

AQ-10 Autism Spectrum Quotient (AQ)

<i>Please tick one option per question only:</i>		Definitely Agree	Slightly Agree	Slightly Disagree	Definitely Disagree
1	I often notice small sounds when others do not	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	I usually concentrate more on the whole picture, rather than the small details	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	I find it easy to do more than one thing at once	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	If there is an interruption, I can switch back to what I was doing very quickly	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	I find it easy to 'read between the lines' when someone is talking to me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	I know how to tell if someone listening to me is getting bored	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7	When I'm reading a story I find it difficult to work out the characters' intentions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8	I like to collect information about categories of things (e.g. types of car, types of bird, types of train, types of plant etc)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9	I find it easy to work out what someone is thinking or feeling just by looking at their face	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10	I find it difficult to work out people's intentions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please return this form to Living Well Partnership by emailing it to
livingwell.patientadmin@nhs.net