Living Well Partnership

livingwellpartnership.nhs.uk

SPRING NEWSLETTER 2026

WELCOME TO OUR NEWSLETTER!
Filled with practice news, updates and announcements

Easter opening times

Our surgeries are closed
Friday 3rd - Monday 6th April



Anima will be unavailable from:
11 am Thursday 2nd April
until 6:30am Tuesday 7th April



Think Pharmacy First - find out if your local pharmacy is open during the Easter break at https://www.nhs.uk/nhs-services/pharmacies/

The Healthier Together App can provide advice if your child is unwell.

Call 111 for help or dial 999 in an emergency

We wish all our patients a very happy Easter.

Recent positive feedback

"My GP listened carefully to my concerns, when she examined me, she had a lovely manner and made me feel at ease"

"I've never had anything but polite, professional, thorough and understanding interactions from members of staff at St Luke's"

"I find Anima easy to use and I am always happy with how quickly appointments are given - it feels very easy to me"

We welcome all feedback as it helps us improve our services.

You can submit feedback on our website:
livingwellpartnership.nhs.uk/have-your-say/





Welcoming kindness

The Living Well Partnership team prioritises kindness, dignity and respect in patient care. We have a zero-tolerance approach to abuse, violence or inappropriate behaviour, so that we can protect the wellbeing of everyone in our care.

CHOOSE KINDNESS

Living Well Partnership

livingwellpartnership.nhs.uk

A warm welcome to our new staff

Nurses
Kayley, Beth and Alison
Administrators
Yannick, Emily and Eileen
Patient Services
Carly, Kelly and Tiggi
GPs
Dr Aamna Ali - St Luke's
Dr Khyzer Chaudhary - St Luke's
Dr Sue Halfpenny - St Luke's & Weston Lane
Dr Lakshmi Metta - Thornhill Park
Dr Louie Sajorda - Bitterne Park

Amelia - Care-coordinator
Alissa - Health & Wellbeing coach
Lizzie - Pharmacy services assistant

CARERS CIRCLE



Every last Thurs of the month - starting 26th March

A friendly drop-in group offering carers a chance to meet others, access helpful information, support, and take a well deserved break over a cup of tea. The group is open to carers aged 18+ and the wider community.

Moorhill Care Home, Moorhill Road, West End SO30 3AZ

parkrun

Living Well Partnership is now officially a parkrun practice!
As part of our commitment to the health and wellness of our community, we have linked with Netley Abbey parkrun. Feel great and connect with your local community whilst improving your physical and mental health at parkrun every Saturday at 9am.

Southampton parkruns take place at Southampton Common, Netley Abbey and Itchen Valley Country Park.
Walk, jog, run, volunteer or spectate - It's up to you!
Find out more at parkrun.org.uk

SAFE SURGERIES

We are proud to be a Safe Surgery. Everyone living in the UK is entitled to register with a GP practice for free. We will not insist on proof of address or ID documents and we will never ask for proof of immigration status.



Partnership in numbers

1st January - 28th February 2026

Incoming calls: 13,813
Average phone waiting time: 1 minute

Appointments offered: 19,540
Waiting time for appointments: 5 minutes
Did not attend appointments: 2,517
751 hours of time wasted

Please let us know if you cannot attend your appointment so we can give it to someone who needs it.
Call us on 023 8044 9913 & choose option 2, use the NHS app or complete an Anima to cancel your appointment.

Follow us on Facebook: Living Well Southampton and read more news on our website: www.livingwellpartnership.nhs.uk